



RESEARCH STUDIES

workplacebullying.org

**The WBI Website
2013 Instant Poll - G
Age of Workplace Bullied Targets**

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AGE OF WORKPLACE BULLIED TARGETS WBI 2013-G Instant Poll

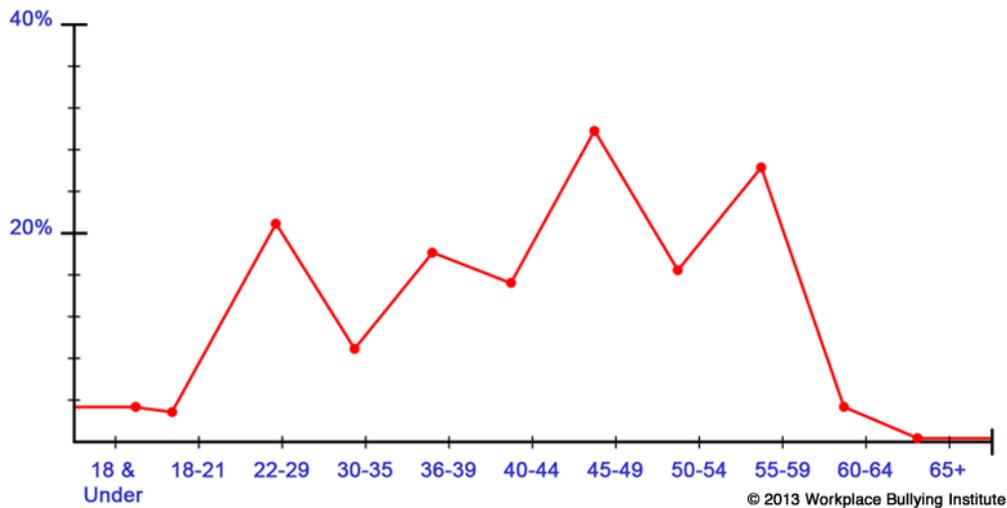
For the 16 years of WBI operations, we have noticed that telephone callers seeking help with their workplace bullying problems are rarely young. They tend to be veteran workers with long careers. For a variety of reasons documented by other WBI studies older workers make ideal vulnerable targets. An earlier WBI study found the average age to be 41. We again asked about age when bullying started at work.

WBI Instant Polls are online single-question surveys that rely upon self-selected samples of individuals bullied at work (typically 98% of any sample). No demographic data are collected, but IP respondent samples are typically 80% female. Our non-scientific Instant Polls accurately depict the perceptions of workers targeted for bullying at work as contrasted with the views of all adult Americans in our scientific national surveys.

A total of 663 WBI website visitors responded to: *For bullied targets only, please. How old were you when the bullying at work began?*

The following percentages of each age range category resulted:

.035	Younger than 18	.097	30-35	.142	45-49	.029	60-64
.030	18-21	.092	36-39	.169	50-54	.006	65 or older
.148	22-29	.158	40-44	.095	55-59		



Results

The average age was 41.9 years. Targets in their 40's comprised 30% of all targets; in their 50's were 26.4%; under 30 years of age were 21.3%; those in their 30's were 18.9%. The prime productive years are also the prime years for being targeted for bullying.

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